

# PERSONAL ROAD MAP.

## ASK YOURSELF IMPORTANT QUESTIONS

Adapted from “Rosh Hashanah/Yom Kippur Survival Kit”

Rabbi Shimon Apisdorf



The start of the Jewish New Year is a great time for soul-searching, and the Personal Road Map is a perfect starting point. For some of us at JewBelong, it's the most thought-provoking part of the holiday. The Personal Road Map challenges us to consider the past year and think about how we'd like to move our lives forward. You don't have to answer every question, but tackling a few is impactful. It can even be transformative, especially when shared with a group.

1. When do I feel that my life is most meaningful?
2. What would bring me more happiness than anything else in the world?
3. What are my three most significant achievements in the past year?
4. What are my biggest mistakes in the past year?
5. What project or goal, if left undone, will I most regret a year from now?
6. If I knew I couldn't fail, what would I try to accomplish?
7. What is the most important decision I need to make this year?
8. What important decision did I avoid making last year?
9. Over the last year, did my most important relationships become closer and deeper, or was there a sense of stagnation and drifting?
10. What can I do to nurture those relationships this year?
11. If I could change one thing about myself, what would it be?
12. Are there any ideals I'd be willing to die for?
13. If I could live my life over, what would I change?
14. What do I want written on my tombstone? And how do I begin living that way now?